

MERIDIAN PUBLIC SCHOOLS

November 2023

MHS

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
		November 1	November 2	November 3
		Grilled Cheese Sandwich Yogurt Cup w/Muffin Assorted Cereal Bowls	French Toast Sticks Assorted Pop tarts	Sausage Biscuit Assorted Cereal Bowls
November 6	November 7	November 8	November 9	November 10
Hot Grits w/ Scrambled Eggs Assorted Cereals	Ham Slice w/ Biscuit Assorted Breakfast Breads	Breakfast Bagel Cinnamon Crunch Pastry Yogurt and Muffins	Sausage Biscuit Yogurt and Muffins	Sausage Pancake on a Stick Assorted Cereal Bowls Assorted Muffin Loaves
November 13	November 14	November 15	November 16	November 17
Chicken Patty Biscuit Assorted Cereal Bowls	Yogurt Parfait Cinnamon Crunch Pastry Yogurt and Muffin	Confetti Pancakes Sausage Biscuit Assorted Breads	Breakfast Sausage Pizza Yogurt and Muffin	Dutch Waffle w/ Bacon Strips Yogurt and Muffins
November 20	November 21	November 22	November 23	November 24
THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK	THANKSGIVING BREAK
November 27	November 28	November 29	November 30	
Chicken & Waffle Yogurt & Muffins Assorted Pop Tarts	Breakfast Pizza Yogurt & Muffin Assorted Cereal Bars	Grilled Cheese Sandwich Yogurt & Muffins Assorted Cereal	Sausage Pancake on a Stick Assorted Pop tarts	
Lunch Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
		November 1	November 2	November 3
		Hamburger Stk w/ Gravy BBQ Pulled Pork Burger w/ Straight Cut Fries Chef Salad w/ Crackers Mashed Potatoes Pinto Beans Yeast Roll	Loaded Baked Potato Soup Southern Chicken Sandwich w/ Sweet Potato Fries Chef Salad w/ Crackers Steamed Broccoli Mixed Vegetables Cheesy Breadstick	Assorted Pizza BBQ Rib Sandwich w/ Sweet Potato Fries Chef Salad w/ Crackers Assorted Vegetable Juice Cucumber Slices w/ Dip
November 6	November 7	November 8	November 9	November 10
BBQ Pull Pork Nachos Cheeseburger w/ Potato Wedges Chicken Salad w/ Crackers Seasoned Potato Wedges Seasoned Green Peas	Taco Soup Ham & Cheese Sandwich w/ Sweet Potato Fries Chicken Salad w/ Crackers California Vegetables Baby Carrots w/ Dressing Saltine Crackers	Assorted Pizzas Southern Chicken Sandwich w/ Sidewinder Potatoes Chicken Salad w/ Crackers Whole Kernel Corn Pinto Beans	Fish Sticks Corn dog/ Corn dog Nuggets w/Crinkle Cut Fries Tuna Salad w/ Crackers Southern Turnip Greens Sweet Potato Casserole Cornbread	Beef Taco w/ Crispy Shells Ham & Turkey Sandwich w/ Tater Tots Chicken Salad w/ Crackers Steamed Broccoli Assorted Vegetable Juice
November 13	November 14	November 15	November 16	November 17

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This institution is an equal opportunity provider.

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Manager's Entrée Southern Chicken Sandwich w/ Crispy French Fries Tuna Salad w/ Crackers Garden Salad w/ Dressing Mixed Vegetables	Manager's Entrée BBQ Rib Sandwich w/ Spicy Fries Tuna Salad w/ Crackers Baked Beans Mashed Potatoes	Assorted Pizza American Sub w/ Sidewinder Potatoes Tuna Salad w/ Crackers Italian Sliced Carrots Seasoned Green Beans Snack Cookies	Turkey Dressing Baked Chicken American Sub Chicken Salad w/ Crackers Mac & Cheese Seasoned Green Beans Sweet Potato Casserole Yeast Roll	Chicken Fajitas Turkey & Cheese Hoagie w/ Crinkle Cut Fries Tuna Salad w/ Crackers Whole Kernel Corn Refried Beans
November 20	November 21	November 22	November 23	November 24
Thanksgiving break	Thanksgiving break	Thanksgiving break	Thanksgiving break	Thanksgiving break
November 27	November 28	November 29	November 30	
Chicken Tenders Marinara Meatball Hoagie w/ Tater Tots Tuna Salad w/ Crackers Seasoned Green Beans Mashed Potatoes	Red Beans & Rice Turkey & Cheese Sandwich w/ Sweet Potato Fries Tuna Salad w/ Crackers Mixed Vegetables Southern Mustard Greens Cornbread	Macaroni & Cheese w/ Ham Slice Hotdogs w/ Crinkle Cut Fries Tuna Salad w/ Crackers Seasoned Green Peas Whole Kernel Corn	BBQ Chicken Ham & Cheese Hoagie w/ Tater Tots Chef Salad w/ Crackers Potato Salad Baked beans Cornbread	

(Menu choices are subject to change without notice due to availability of items listed)

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